

TACTICAL BLUEPRINTS™

SUPER EL NIÑO HOUSEHOLD PREP ADDENDUM

A Seasonal Companion to TB-006-SRP

TB-006-SRP ADDENDUM

Sources: NOAA Climate Prediction Center, Cal OES. This addendum applies the Plan, Prepare, Protect, Respond, Recover framework to this year's forecasted storm season.

1. BRIEFING

NOAA's Climate Prediction Center gives a strong likelihood that this year's El Niño extends into spring, with a high chance it peaks as a very strong (Super) event -- among the largest on record. Orange County has been here before: the 1983 El Niño tore a 120-foot section out of the Seal Beach Pier, flooded beachfront homes, and knocked out power for a week.

Unlike most emergencies, this one is seasonal and predictable. That means it can be planned for on a timeline, not scrambled for at the last minute.

FIELD NOTE

Cal OES recommends every household be able to get through at least 72 hours without outside assistance. This addendum walks you through exactly what that looks like.

2. PLAN — KNOW YOUR RISK

- ☐ Identify whether your property sits in a flood-prone zone (check city/county flood maps)
- ☐ Locate your nearest designated evacuation route and shelter location
- ☐ Sign up for your county's emergency alert system
- ☐ Review your homeowner's or renter's insurance for flood coverage specifically -- standard policies often exclude it

3. PREPARE — BUILD YOUR SUPPLY KIT

- ☐ Water: 1 gallon per person per day, minimum 3-day supply (72-hour Cal OES standard)
- ☐ Non-perishable food, 3-day minimum supply
- ☐ Flashlights and a charged power bank -- gather these before a power outage, not during
- ☐ Battery-powered or hand-crank radio
- ☐ First aid kit, medications, and copies of important documents in a waterproof container
- ☐ Fuel your vehicle(s) ahead of forecasted storms -- don't wait until a storm is imminent

4. PROTECT — HARDEN YOUR PROPERTY

- ☐ Clear gutters, storm drains, and downspouts of debris before storm season peaks
- ☐ Sandbag low points at doors, garages, and known water-entry areas
- ☐ Trim trees and secure loose outdoor items that could become wind hazards
- ☐ If coastal, know your city's seasonal storm-protection schedule (many build seasonal sand berms)
- ☐ Check that sump pumps, if applicable, are functional before the season starts

5. RESPOND — DURING AN ACTIVE STORM

- ☐ Avoid driving through flooded roads -- most flood deaths involve vehicles
- ☐ Stay off beaches and piers during high surf advisories
- ☐ Move to higher ground immediately if flash flood warnings are issued for your area
- ☐ Keep your emergency kit accessible, not stored somewhere hard to reach quickly

6. RECOVER — AFTER THE STORM

- ☐ Document any property damage with photos before cleanup begins, for insurance purposes
- ☐ Avoid contact with floodwater -- treat it as contaminated
- ☐ Check in with neighbors, especially elderly or disabled residents, once it's safe to do so
- ☐ Reassess and restock your emergency kit -- El Niño winters bring repeated storm systems, not just one

FIELD NOTE

This addendum is a companion to TB-006-SRP: Safe Room & Emergency Response Protocol, which covers household communication plans, drills, and post-incident recovery in full depth.

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WANT A PLAN BUILT FOR YOUR PROPERTY?

This addendum is general guidance. For a Custom Emergency Action Plan built specifically around your home or business, book a consultation with Staying Alive Survival.

stayingalivesurvival.com/custom-emergency-action-plans

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